

Election of Technical Committee Chairman

NOMINATION FORM

The person named below is nominated for the position of chairman of:

Acrobatic Gymnastics	Disability Gymnastics	Gymnastics for All	Men's Artistic
Rhythmic Gymnastics	Trampoline	Tumbling	Women's Artistic

Name Monika Vedrichkova

Telephone [REDACTED] BG Membership No 2009289

E-mail annasgymnasticsacademy@gmail.com

Club Anna's Gymnastics Academy Club Affiliation No 224

BG Club No 86211

I agree to my name being put forward for the position indicated above.

Signature Monika Vedrichkova Date 21 Feb 2021

Nominated by		Seconded by	
Name	<u>Eleonora Baio</u>	Name	<u>Monika Metodieva</u>
Telephone	<u>[REDACTED]</u>	Telephone	<u>[REDACTED]</u>
BG Membership No	<u>89046</u>	BG Membership No	<u>40820</u>
Club	<u>Rhythmic Excellence</u>	Club	<u>Hendon Gymnastics Club</u>
London Club Affiliation No.	<u>235</u>	London Club Affiliation No	<u>35</u>
Signature	<u>Eleonora Baio</u>	Signature	<u>Monika Metodieva</u>
Position in club	<u>Head Coach</u>	Position in club	<u>Rhythmic Gymnastics Performance Coach</u>
Date	<u>21 Feb 2021</u>	Date	<u>21 Feb 2021</u>

CURRICULUM VITE

Discipline	Rhythmic Gymnastics
Name:	Monika Vedrichkova

Outline your previous experience and involvement in Gymnastics.

Gymnastics Background

- Former member of the Bulgarian National Rhythmic Gymnastics Team
- Won over 130 medals from different national and international tournaments
- National Team Champion
- Vice-National Champion - Groups

Coaching Background

- FIG Coach - Level 3 Academy, as of Feb 2020
- Founder and Head Coach of Anna's Gymnastics Academy
- Worked in collaboration with Villy Antonova and successfully prepared the British National Junior Group for the 2011 European Championships.

Incumbent London RG Chair

Under my leadership, the current London Rhythmic Gymnastics Technical Committee has driven the regional development of the sport in the following ways:

- **Successfully planned and organised Seven London Championships**
 - Increased gymnasts' routine entry by ~400% in comparison to regional RG events organised prior to this mandate (there were 99 routines performed at the Four Seasons Rhythmic Event in 2017 in comparison to the 500 routines performed in the last London Championship – Feb 2020)
 - Produced a thoughtful apparatus allocation per age category, to ensure the London RG Championship apparatus program is aligned with the British Gymnastics Events and is used as a platform for further development and competition practice.
 - Increased the quality and the quantity of the awards received by the gymnast.
 - Negotiated pricing and secured a new venue for two full days. The new venue is with higher ceilings, which has accommodated the height requirement for our Junior and Senior gymnasts, thus increasing the number of entries and the level of performance at the events.
 - Applied for funding from London Gymnastics and received two GYMNOVA carpets.
 - London RG TC has been chosen as the host for 2020 Zone A grades originally planned to take place on 28-29 March 2020 in London.
- **Successfully organised three London Squad Training Camps** in May 2019, October 2019 and February 2020, led by the 2012 Olympic Finalist, FIG Judge and FIG Rhythmic Expert Silviya Miteva.
 - Agreed criteria and Selected London Espoir Squad click here <http://bit.ly/3bCfLIa>)
 - Secured bookings in a venue in Central London.
 - Invited National Ballet Coaches Susan Haslam and Anita Tsvetkova to improve gymnasts' ballet skills and assist with their preparation for future British Gymnastics Tests and Selections.
- **Coach Education**
 - Organised a full-day coaching workshop with the FIG Expert Silviya Miteva click here <https://bit.ly/3dGtlwX> that took place in Feb 2020. Due to COVID-19 the further two planned 2020 workshops have been cancelled.
 - Worked with BG representatives and new Venue Managers to assist with the organisation of judging and coaching courses in the region.

- **Rhythmic Gymnastics Assemblies**

- Successfully organised six regional assemblies
- Collected feedback from all clubs and successfully addressed concerns (entry fees have been reduced, sports hall with higher ceilings has been booked, collaboration between clubs has increased as a result of the organised training camps and competitions).

Describe how your personality, experience and skill set support your nomination as Technical Committee Chairman

As a former professional gymnast and the incumbent Chair of London RGTC, I am well positioned to lead and support the development of rhythmic gymnastics in the region.

My Gymnastics and Judging Qualifications and Academies

- FIG Coach - Level 3 Academy
- Level 4 Rhythmic Gymnastics Coach
- National Judge

Planning, organisation and interpersonal skills

- I work full-time as a Vice President in one of the world's largest investment banks. I am responsible for delivering cross-functional regulatory and strategic programs across multiple lines of business and jurisdictions. In this line of work I have frequently demonstrated my ability to plan, prioritise and successfully deliver above expectations.
- I have a proven track record for successful program planning and execution, establishment of governance structures, chairing forums and producing and presenting reports to Senior Management. This has enabled me to create clear plans, delivery timelines and on-the-ground delivery of gymnastics competitions and training camps.

Teamwork and Leadership

- As part of my career in finance, I lead teams and drive the strategic implementation and decision making by collaborating deliverables across multiple participants. I have a proven track record of successfully leading working groups and delivering results within the required timeframe. My excellent delivery track record combined with my leadership skills and passion for gymnastics always guide my decision-making when aiming to achieve the best possible structure for rhythmic gymnastics in our region.

Event Organisation

- Throughout 2017 – 2020, I have demonstrated my ability to organise gymnastics competitions, training camps and lead regional assemblies.
- I always aim to provide friendly, welcoming and safe environment for all gymnasts and viewers.

What does success look like at the end of your three-year term in office? Outline how you would drive this discipline forward?

Our region possesses incredible potential for development and I intend to utilise my current knowledge and passion for gymnastics to achieve high-level results by supporting local clubs and their coaches, judges and gymnasts. I intend to further strengthen the collaboration between clubs by continuous organisation of rhythmic gymnastics events in London. In particular, I would focus on the following areas:

- **Coach education:** objective to organise three full day workshops per year. Utilise Zoom and online platforms to organise sessions with international experts to enhance coaches education.
- **London Squad Camps:** objective to organise three four-day camps per year.
- **Competitions:** objective to organise three competitions per year for all ages and levels.
- **Judge education:** Objective to organise two online workshops per year.